

The Humanizer Checklist

Make ChatGPT write like a real person. Fix it once, every draft after sounds like you.

Three steps, in order. Step 3 is the one that makes it permanent.

People can smell AI. The fix is one prompt and one memory rule.

1. SPOT THE TELLS

Scan any draft for these before you send it. One or two is fine. All of them together is the smell.

- Em dashes everywhere, doing the job a period should do
- The tidy summary bow at the end of every paragraph ("In short, ...")
- Resume words nobody says out loud: delve, leverage, robust, seamless, elevate
- "It's not just X, it's Y" constructions on repeat
- No contractions. "Do not" and "it is" where a person says "don't" and "it's"
- Every sentence the same length, no short punches
- Openers like "In today's fast-paced world" that say nothing

2. RUN THE REWRITE PROMPT

Rewrite that like a real person. Contractions, short sentences, no em dashes, no "delve", no summary bow at the end. Keep the point exactly the same.

Use it for: Any draft that fails the scan. Emails, posts, captions, pages. The point survives, the robot voice doesn't.

3. MAKE IT PERMANENT

Remember these rules for everything you write for me from now on: write like a real person. Contractions, short sentences, no em dashes, no "delve", no summary bow. If a sentence sounds like a press release, rewrite it.

Use it for: Say this once in ChatGPT and it saves to memory. Every draft after this comes out sounding like you. You fix it once.

Want the next step?

The free Prompt Starter Pack has 25 copy-and-paste prompts and the CLEAR framework, so the first draft lands closer to right.

keybuilds.ai/resources/prompt-starter-pack

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